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## Substance Misuse Awareness Training

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**SAFETY SOLUTIONS**  
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**Safety Solutions Training Limited**

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## Substance Misuse Awareness Training

### Course Background

For many, drug use is an emotive issue where, all too often, workers feel they may lack specific knowledge and are unsure about how to respond. This course covers: the patterns of drug use from the 1960s to the present; how drugs work and what different drugs do; understanding drug-related behaviour; risk and protective factors for dependence; as well as practice issues to raise awareness of potential for harm.

### Purpose

This one-day course provides attendees working with service users where drug use is may be a concern, with a sound knowledge base on drug-related issues. The course aims to provide staff the necessary skills to provide the necessary support while keeping themselves safe.

### Training Delivery

Training is delivered in a relaxed, informal and flexible manner, with the opportunity for questions and discussions. Drawing on personal experiences, this interactive and informative full day session will provide staff with the necessary skills to keep themselves safe and provide a greater awareness of illegal drugs and substance misuse.

The trainer recently retired having served thirty years as a Police Officer, a large part of which served within the Drug Squad, where he held a position of Drugs Intelligence officer. The trainer was regularly called to provide expert evidence at Crown Court trials in respect of serious illegal drug related matters.

### Learning Objectives

- Appreciate why people use drugs and alcohol
- How attitudes can impact on professionals ability to work effectively with drug/alcohol users
- The most commonly misused drugs, including their street names and legal status
- Recognise the signs of drugs and alcohol use
- Physical, psychological & social effects of commonly used substances
- Legal responsibilities and consequences
- Know how to handle illegal substances safely